

Headteacher - Justin Bartlett

Castle Primary School
Castle Street
FAREHAM
Portchester
PO16 9QQ

www.castleprimaryschool.co.uk

☎ 02392 375324

💻 office@castle.hants.sch.uk



5th June 2025

Dear Parent/Guardian,

Year 3 Fruit Smoothie Making

Year 3 will soon be taking part in activities that involve food tasting and food preparation techniques so that they can design and make their own fruit smoothie. Consequently, it is important that we have relevant and up to date knowledge of your child and whether they have any allergies/special dietary needs or intolerances. **Please can you ensure this information is up-to date with the office.**

A list of ingredients the children will be handling and tasting is included below. It is possible for your child to still take part in the activities even if it means we need to omit a particular ingredient from their recipe.

If you have any further questions or concerns about the activities, please speak directly to your child's class teacher.

Thank you for your continued support.

Kind regards,

The Year 3 team

Ingredients:

- Strawberry
- Raspberry
- Mango
- Blueberry
- Grapes
- Carrots
- Cucumber
- Kiwi fruit
- Apple
- Coconut milk
- Water melon
- Orange juice



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MUSIC MARK
SCHOOL
2024 - 2025

