Avon Tyrrell 2024

Year 6 Residential trip

21st – 25th October

2024

Year 6 Residential Visit to Avon Tyrrell, New Forest

Year 6 will be staying at the Avon Tyrrell UKY site in the New Forest. The centre is a short drive from Burley and is nestled within the forest, providing seclusion and security. The site has been designed and constructed to a high standard for use by groups from schools and other establishments in the country.

Although other schools will join us at the centre, we have our own exclusive and secluded accommodation in a group of wooded lodges and stay in school groups for all activities. With the help of fully trained Avon Tyrrell staff, we have used our previous experience to devise a comprehensive and exciting programme of activities and experiences focusing on adventure and team work.

We hope to make this an enjoyable and memorable experience for all those taking part. Visit Avon Tyrrell's website for more information, a map of the centre and a list of activities that the site offers:

https://avontyrrell.org.uk/education-visits/residentials/

If you have any questions please do not hesitate to contact the year 6 team via the school office.

Lewis Banner
Year 6 teacher and Group Leader

Zoe Flanagan
Year 6 teacher

Itinerary

Monday 21st October

8.45 am-
9.00am Children arrive at school with luggage packed in **one reasonable sized suitcase or holdall.** All children need to arrive at school with a **packed lunch in a disposable bag** for Monday and **must be at school by 8.45am.** It is recommended that children are dressed appropriately to begin activities as soon as they arrive at the centre as well as having a backpack with a water bottle in that they can use for day 1.

Medicine checked and handed in to Mrs Lipsham.

9.00am Coach arrives at school and luggage is loaded.

9.15am Leave Castle Primary (will take around 60-90mins)

10:45am Arrive at Avon Tyrrell and unpack

11:15am Welcome talk, welcome walk and fire drill information

12:30pm Lunch

1:45pm Engage in an afternoon activities

Please see below a sample of what an ordinary full day might look like

<table>
<tr><th colspan="6">4-night sample residential</th></tr>
<tr><td></td><td>Monday</td><td>Tuesday</td><td>Wednesday</td><td>Thursday</td><td>Friday</td></tr>
<tr><td>08:00 - 08:45</td><td rowspan="2"></td><td colspan="4">Breakfast</td></tr>
<tr><td>09:15 - 10:45</td><td>Climbing</td><td>Challenge Course</td><td>Pioneering</td><td>Raft Building</td></tr>
<tr><td>11:00 - 12:30</td><td>Arrival & Welcome Talk</td><td>Problem Solving</td><td>Self-Guided Activity</td><td>Kayaking</td><td rowspan="2">Departure with packed lunch</td></tr>
<tr><td>12:45 - 13:30</td><td colspan="4">Lunch</td></tr>
<tr><td>13:45 - 15:15</td><td>Low Ropes</td><td>Paddleboarding</td><td>Orienteering</td><td>Abseiling</td><td></td></tr>
<tr><td>15:30 - 17:00</td><td>Archery</td><td>Bushcraft</td><td>High Ropes</td><td>Self-Guided Activity</td><td></td></tr>
<tr><td>17:30 - 18:30</td><td colspan="4">Dinner</td><td></td></tr>
<tr><td>18:30 - 19:30</td><td colspan="4">Free Time</td><td></td></tr>
<tr><td>19:30 - 21:00</td><td>Night Walk</td><td>Campfire</td><td>Self-Guided Activity</td><td>Disco</td><td></td></tr>
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Friday 25th October

7.00am Team Leader gives wake up call. Dress / wash.

8.00am Breakfast.

8:45am Pack and take bags to bag storage (marquee or training room)
9.00am Activities start

12:30pm Last activity finishes

12:45pm Have pack lunches at Avon Tyrrell (Lunch is provided by the centre)

1.15pm Leave Avon Tyrrell.

2.30pm Arrive back at Castle Primary. Please be at school to **pick your child up from 2.45pm.**

In the case of bad traffic conditions, or returning to school more promptly, staff will keep Castle office staff informed of any delays who will then contact all parents.

Please note: These times and activities are all subject to change based on weather and slight revisions to minimise contacts with other groups on site.

Experience Activities

- Abseiling and Climbing
- Archery
- Canoeing
- High Ropes
- Kayaking
- Mountain Biking
- Paddleboard
- Raft Building
- Tree Climbing
- Tree Top Trail
- Zip Wire

Learn Activities

- Animal Tracks
- Art in the Environment
- Bushcraft
- Challenge Course
- Discovery Walk
- Forest Walks
- Ice Breakers
- Low Ropes
- Mini Beasts
- Navigation
- Pedalos
- Pioneering
- Pond Dipping
- Problem Solving
- Shelter Building
- Trust Walk

Develop Activities

- Adventure Trail
- Bottle Rockets
- Campfire
- Disco
- Egg Drop
- Geocaching
- Night Orienteering
- Night Walk
- Orienteering
- Quiz Night

Kit List

For safety and comfort reasons, you should always wear clothes that are suited to the specific activity you will be participating in. Please bring with you something to tie back long hair and always have your needed medication with you. If you use an inhaler, we advise you to bring *two* inhalers of any type you have, one for you and one for staff to keep in case you lose one.

Denim trousers (jeans) are not recommended for any activities as they lack flexibility and are difficult to dry once wet.

Please name as many items as you can: it makes packing on Friday a lot easier!

- Socks – 2 pairs per day
- Underwear – At least 1 set per day
- Thermal vest and thermal trousers x2
- Long-sleeved T-shirts – 1 per day
- 2 sweatshirts / hoodies (must have long sleeves)
- Pyjamas
- Anorak / coat / waterproof
- 2 pairs of trousers – **not jeans and must be full length**
- Hat and gloves - 2 pairs of gloves if possible
- Trainers or walking boots – **sturdy and no open toes**
- Waterproof over trousers
- Swimwear, including water shoes
- Hair-bands to tie long hair back
- Lip salve / Vaseline
- No jewellery
- Towel
- Toiletries bag with soap, shampoo, toothbrush and toothpaste etc. – **no aerosols/hairspray or hair gel please**. Girls will not need any make up!
- Hairdryer if required. No hair straighteners please!
- Tissues
- Plastic bags for dirty clothes
- Cuddly toy!
- Refillable water bottle
- UP TO £10 spending money in a purse or wallet
- Camera if required
- MEDICATION if required

Packed lunch for Monday (including drink) **NB: A packed lunch will be provided for children who usually have a free school meal.**

PLEASE NAME YOUR CHILD'S BELONGINGS!

All bedding is provided – you do not need to bring any as the chalets are warm and cosy.

Money
There is a small shop at the site and the children may bring up to **£10** to spend should they wish. This money should be kept with them on the day of travel to the centre in a wallet or purse. They will be responsible for looking after this money for the duration of the week. You might want to pack stamps if you think your child would like to send a postcard home.

Food and Sweets
The children will be very well fed at Avon Tyrrell, so there is no need to pack any extra food! We also ask that the children do not bring any sweets with them. If your child has any particular allergies or requirements, please let us know in advance.

On the day of departure, please supply your child with a packed lunch (to be eaten at Avon Tyrrell) and one or two separate snacks such as biscuit/cereal bars to be eaten on arrival. It is advisable to pack the lunch in a disposable bag so they can throw it away when finished with. Bringing a water bottle would be a good idea for the week as there are drinking taps around the site and no other drinks options are available outside of meal times.

Cameras
A camera is optional; please ensure your child knows how to use the camera and that it will remain their responsibility. Disposable cameras are the best to bring as there is no risk of losing or damaging something expensive.

Medicines
Any medicines should be clearly labelled and handed to Mrs Lipsham on Monday morning. As mentioned before, please ensure asthmatic children have 2 full inhalers, which are clearly labelled with their name.

Mobile Phones / MP3 Players etc.
One of the main aims of any residential visit is for children to increase their independence and to learn how to organise themselves in preparation for secondary school. Therefore, **mobile phones or any other electronic devices are not allowed on the visit**. Any mobile phones found during the week will be confiscated and returned to parents upon our return.

It is a good idea to bring any colouring books, card games, books etc. in case children wake up early or have any free time. Torches are also not allowed as they can keep other children awake and the rooms have ample light during the night from outside.

Emergency Contacts

Although it is not possible to have direct contact with the children during the week, we can be reached in case of emergency. We advise that in the case of an emergency, you ring school first on **02392 375324.**

Our address and telephone number at the centre are below and we can be reached on these during working hours:

Avon Tyrrell Outdoor Activity Centre
Bransgore
Christchurch
BH23 8EE

For any **out of hours emergencies** please ring the school mobile number: **07415 033870**