



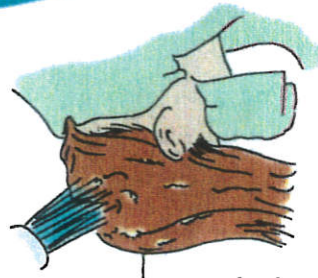
The Bug Busting Method to clear lice without special chemicals

1



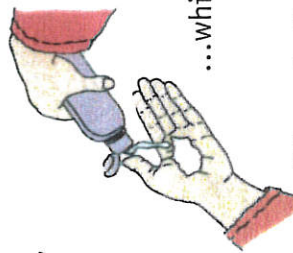
Wash the hair
with ordinary
shampoo as you
normally do.

Protect the eyes.
Rinse.



2

Put on **lots** of ordinary
conditioner...



...either **sitting upright**,
with the cape on...

...or **bowed
over a sink...**

...whichever is most
comfortable.

Leave the conditioner in the hair.

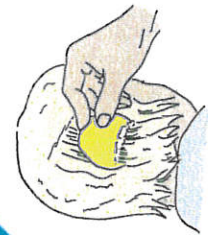
3

Untangle and straighten the hair using the
wide-tooth comb.



When the comb moves freely...

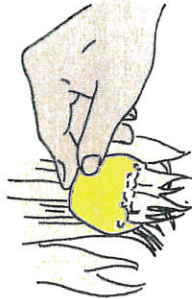
4



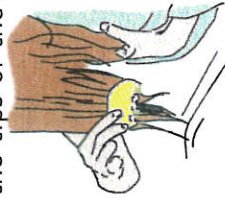
...switch to the **Bug
Buster**. Slot the
teeth into a section
of hair, right at the
roots, touching the
scalp gently.

5

Draw the Bug Buster through to the tips of the hair.

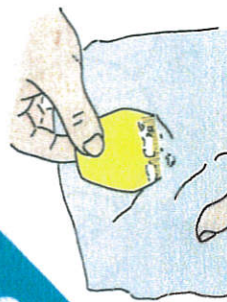


If new to Bug Busting, use a mini
Bug Buster.



When more experienced, use the
yellow maxi Bug Buster.

6



Soaking-wet lice stay
still; even baby lice
cannot escape the
Bug Buster. Check
the comb for lice in
the foam between
each stroke:

☞ ☞ ☞ ☞ (life size)

Remove any lice by wiping both
sides of the Bug Buster on kitchen
paper...

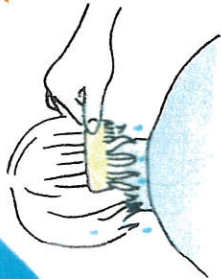


...or rinsing under a running tap.
Poke out lice caught between the teeth
with a cocktail stick or nail brush.

7

Work over the head methodically combing each section
several times. When lice appear in the foam clean the
comb before the next stroke. Comb this section again
until the Bug Buster comes through louse free, then
move on to the next section. If necessary spray the hair
regularly with warm water to keep it wet.

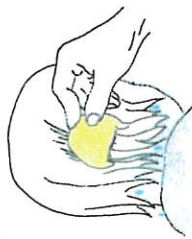
Rinse the hair well. Leave it dripping wet. Use the wide-tooth comb to untangle and straighten the hair again.



Do this stage sitting upright with cape on.

The wetter the better!

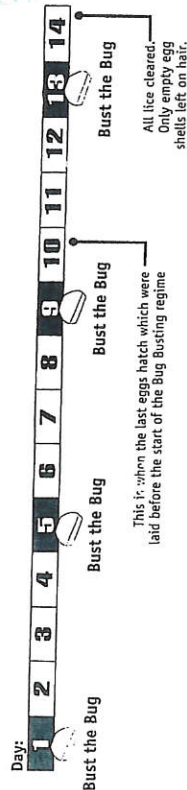
Repeat the Bug Buster combing in the rinsed hair to lift out the last stragglers. These lice will dry more quickly than lice bathed in conditioner. Rinse them away or bag them before they become active.



Once you know one member of the family has lice, Bug Bust the whole family and close friends. Carers should Bug Bust themselves last.

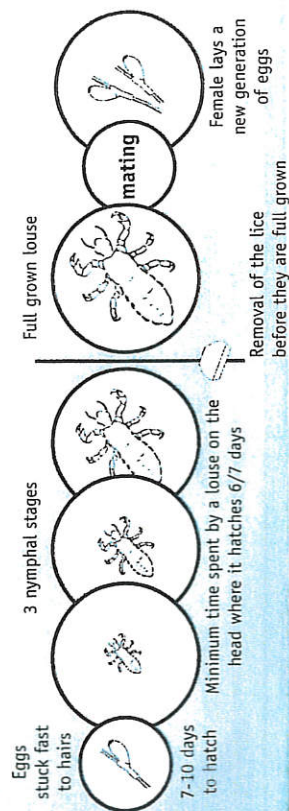


Repeat Bug Busting sessions three more times leaving 3 clear days between Bug Busting days (a total of four sessions over two weeks). This will remove lice hatching from any eggs before they can spread or reproduce.



At the 2nd, 3rd and 4th sessions the lice should be between this size: * and this size: * (nymphs). These stages tend to remain on the head where they hatch. If any full grown lice: * are found, the person has caught lice again and you must continue Busting the Bug twice a week for three more sessions from the time they are found. This is the stage that readily moves between heads (when dry), the females laying eggs as they go.

How Bug Busting works



Systematic Bug Busting breaks the life cycle of the head louse

Lice hatching from eggs after the first session are combed off before they can spread or reproduce. The last lice hatching on day 10 will be combed off on day 13. Check again on day 17 and you should find no lice unless the person has caught lice again.

People undergoing careful Bug Busting will not pass on lice between sessions, although they can still catch new lice.

See **Essential Information** booklet for:

- how to Bug Bust successfully in long, really curly, Afro or very short hair
- common questions answered – myths dispelled
- how to reduce unsightly eggshells using the purple **Nit Buster!**

When a head is clear, incorporate Bug Busting into a weekly hair wash to keep a reliable check for lice.

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Illustrations: Anne Fry Design; Altor Barra Methods; Community Hygiene Concern

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